



Why shared reading books?

- Remedy digital over-stimulation with the calming and connecting power of books.
- Create an open learning forum with the shared reading experience.
- Develop a life-long love of reading to bring down barriers of inequity.

Why Enlighten Press?

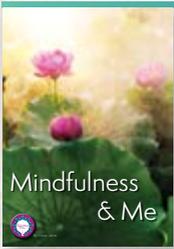
- We are a family business with a full-time in-house author.
- High quality books with unique lamination throughout for extra durability.
- Supporting local industry and sustainable practice with books printed locally.
- Learning perspectives to develop an empowered mindset for mental, emotional and physical wellbeing.
- Designed to support teaching of the Australian curriculum.
- Responsive and dynamic book collections made in collaboration with the education community.
To have your say, contact the author directly - Melissa@enlightenpress.com.au

Resource support

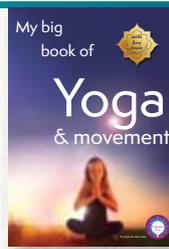
- Complimentary teachers' notes to make the most of your resources, including curriculum links.
- Expanding resources with corresponding posters and music.
- Blog posts by our author with practical information and ideas about wellbeing practices.



ALL TITLES \$55.00 EACH (\$50.00 EX GST)



What is mindfulness? How is mindfulness useful to us? Let's learn some everyday mindful practices and how to use our senses for presence, curiosity and focus. Includes a guided imaginative exercise for meditation.



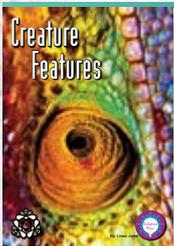
Yoga and expressive movement allow children to explore their feelings and their relationship with the world around them. Let's use movement to strengthen, relax and energise our bodies through a journey of drama, and adventure.



What makes a family? Let's find out about the different kinds of families there are in the world.



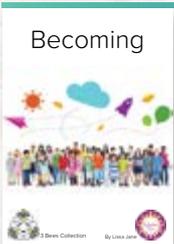
Our emotions are much like changes in weather, stormy one moment and sunny the next. This book is helpful for developing emotional skills and learning to recognise, express, understand and let go of our feelings.



This is a book about positive self talk, related to children through the fascinating features of creatures. Let's find out more about ourselves, our values and the world of unusual creatures!



What is a friend, how can we be good friends by taking turns and inviting others to play? What about loneliness and being a friend to yourself? Let's learn about the many forms friendship can take.



In this book, we explore all the ways in which we are becoming ourselves and the exciting choices we make every day in learning and growing up.



What makes our world beautiful is variety. In this book we use simple similes to express the beauty of diversity in all our friends.



A feeling of belonging is an important part of a child's sense of well-being. In this book, we explore all the ways in which we can belong.



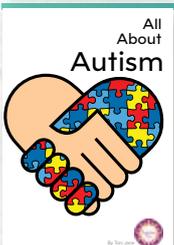
In this book, we explore our sense of being and the many ways that we can connect with ourselves and others in each moment.



Learning about food is more than just eating healthy. In this book we learn to listen to our bodies and how to be adventurous with food!



Caring for animals teaches children compassion, empathy and responsibility as well as trust and self-confidence. Let's learn more about our animal friends.



It can be hard to understand the unusual behaviour of children with autism. This is a book for young people to better relate to and appreciate their friends with autism.



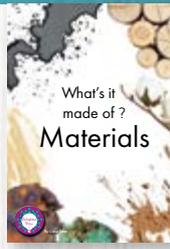
For our bodies to work properly and for us to be fit and healthy, we need to exercise regularly. Let's take a look inside this book at the many fun ways kids like to exercise and get active.

View our website for more information and sample pages.

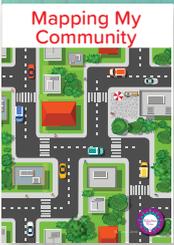
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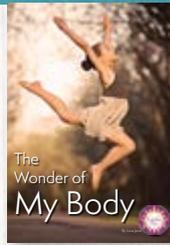
The beauty and mystery of patterns in nature captivates mathematicians, chemists, biologists, physicists and artists. Let's learn the basics of why they are so fascinating and how to recognise patterns in nature.



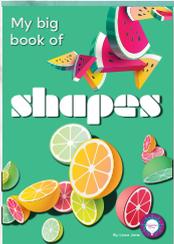
What kind of materials are there and how are they made? What kinds of properties do materials have that make them useful? Let's find out how we can think differently about our use of materials for our health and the health of our environment.



What is a community? How do maps work? Let's go on a journey visiting some important places on a neighbourhood map.



My body is capable of so many wonderful things! Let's find out the names for some of the parts of our body and the things we can do. Great for exploring the senses and encouraging body acceptance.



Shapes are all around us. Let's learn what makes a shape and learn to spot shapes in everyday situations. Great for cognitive development and foundation maths.



In this book, we introduce the concept of opposites with simple, personalised language. Clearly illustrated with engaging and relatable photographs.



What is an insect? In this book we explore the characteristics and life cycles of the most prolific and diverse class of animal in the world.



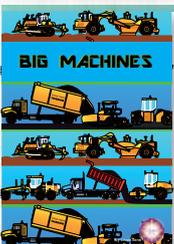
Where do we belong in the universe? What can we achieve when we put our minds to it? Come with us on a journey into space!



Every day and all around the world the weather is different. Let's find out about how we can learn to read the clouds and how different kinds of weather are formed.



What is a living thing? Let's explore the characteristics and needs we share as living creatures. We discover more about what we have in common with our family of living things.



Vroom! Bang! Clunk! With giant wheels and huge loud engines, big machines are an exciting part of learning about how the world is constructed. Let's look at some big machines and what they can do, with rhymes and sounds!



Australia is a vast and unique land with creatures that are found nowhere else on earth. Let's discover all about natural habitats and the rare and endangered animals that live in them.



What is an amphibian? In this book we explore the characteristics and life cycle of these amazing creatures.



Seasons in Australia are unique, with both four seasons and the wet and dry seasons. Learn more about the seasons in our part of the world.

View our website for more information and sample pages.

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What is electricity and where does it come from? Let's learn all about energy sources and what we can do to help save energy.



We use power every day of our lives. In developed countries like Australia, it is easy to take it for granted. Use this book to give children an appreciation of how differently people use power all around the world.



This is a book about rubbish and how we can think differently about the rubbish we make every day. Let's learn about how to reduce, reuse, recycle, and rethink waste!



We use water every day of our lives. In developed countries like Australia, it's easy to take it for granted. Use this book to give children an appreciation of how differently people use water around the world.

POSTERS

A3 LAMINATED, DOUBLE-SIDED POSTERS.

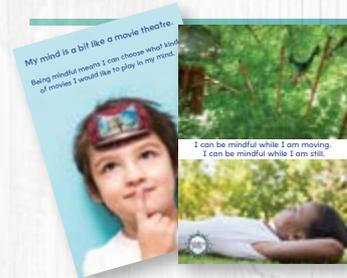
\$10 EACH (\$9.09 EX GST)



Play poster



Being present poster



Mindfulness poster



Being Australian poster



Sustainability poster



Wellbeing poster



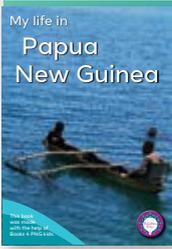
Maker poster



Multiculturalism poster

View our website for more information and sample pages.

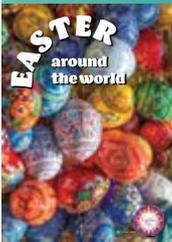
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What is it like to live in Papua New Guinea? Come with us as we explore everyday life in the Madang Province. This book is made with the help of Books 4 PNG Kids.



Spanish is a widely spoken language around the world. Let's learn our colours in English and Spanish as well as some words for everyday objects. Helpful for ESL and EAL.



Easter is the most important Christian festival and a holiday that is celebrated around the world. Let's find out more about Easter traditions.



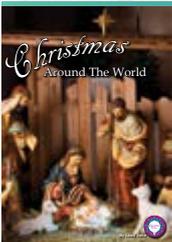
What makes us Australian? What are our histories? What different things do we like to learn, eat, play, practise and share? Let's find out about our lands and our cultures.



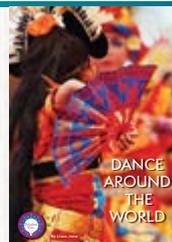
Let's learn the days of the week in English and Mandarin. Also helpful for ESL and an introduction to time sequencing.



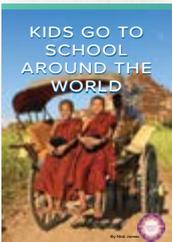
In this book, we learn to count to ten in the Māori language using iconic animals and objects from New Zealand.



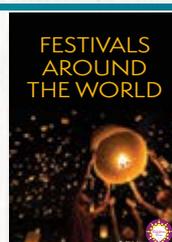
Christmas is a religious festival observed around the world. Let's find out all the ways people celebrate in different cultures.



Let's find out how people all around the world use dance to express themselves and to celebrate the ceremonies and festivals of their cultures.



All around the world, kids go to school. For some it's easy and for others it is harder. Let's take a look at the many different ways children travel each day.



All around the world different people celebrate festivals. Some festivals are religious, some celebrate with dance and some honour people who have made history. Follow us on a journey and experience festivals around the world.



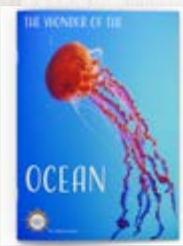
The world is made up of many different cultures, religions and wonderful people. What are some of the amazing things you do where you are from? Take a look inside and see how people live around the world.

Contact details:

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sales@enlightenpress.com.au

View our website for more information and sample pages.

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The ocean is the source of life on our planet and remains mysterious and captivating. This book is a celebration of the ocean, exploring how the ocean unites us as humans and connects us to the cycles of our Earth. Use this book for ocean conservation, appreciation and exploration.



In or out? The days ahead,
the baskets packed and food is made,
our friends are here and blanket laid.
It's picnic time!
Come with us on a rhyming
adventure in spatial awareness.



What is music? This book explores the importance of music as math, music history, communication, technology, career and community. Let's take a journey through music and its meaning, right from sound and vibration to music as mindful practice.

View our website for more information and sample pages.